

❖ Chapters– Art of Living

Lesson- 1: Coming Out of the BOX.

Lesson - 2: Learning to Learn.

Lesson – 3: Parents, Life and Living.

Lesson – 4: Etiquette, Personal Behavior and Professionalism.

Lesson - 5: Self Esteem and You.

Lesson - 6: Essential Skills for 21st Century.

Lesson - 7: Impression Management: Who I am and how people know me!

Lesson - 8: Style of Living; Youthful living, Balanced living, Meditation and Holistic mindfulness.

Lesson - 9: Mind Mapping and its Impact on Life and Living.

Lesson - 10: Transforming Failure into Success.

Lesson - 11: Psychosocial Support, Emotional growth and Personality.

Lesson - 12: Benefits of Ethical Living.

Lesson - 13: Transforming Conceptual Learning into Action.

Lesson - 14: Time and Financial Management.

Lesson - 15: Career Plan.

Lesson - 16: Presentation Skills Anywhere: job interviews or for becoming entrepreneur.

Lesson - 17: Job, Work and Business Search Techniques in the 21st Century

Lesson - 18: Universal Human Values

Special Session: At the initial stage of the course Special session for socialization will be organized and parents and guardians will be invited for this session.

THANK YOU