**Lesson Plan Form**

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| ***Title:*** Psychological Support, Emotional Growth and Personality | | ***Course Code:*** ETE 327 | | |
| ***Target Population:*** Students of B.Sc. in ETE | | ***Duration:*** 1.20 hr | | |
| ***Aims/Rationale:***   * To understand Importance of neurological and psychological development for Body Language and Personality Development among young people. * To develop a systematic approach to education in socio-economic transitional phases of the world when education is a basic human right, but it is also a response mechanismfor protection and fulfillment of needs of time. Objectively a well-organized learning environment with caring mode may be the best way ofreducing the effects of traumatic experiences (if any) and help rehabilitate individuals and communities as per need through proper psychosocial support. | | | | |
| ***Learning Outcomes:*** At the end of the session, participants will be able to:   * Know about human brain:how it works, * Body language**:** how it comes from neurological and psychological perspective, * Personality: how you can build by growing emotionally and psychosocial support for performing life confidently. | | | | |
| **Content** | **Method or Technique** | | **Resource or Aid** | **Time** |
| **Introduction:**  Welcome address, Relationship building, Content outlines, Bridging of the topic. | Lecture, Q/A | | MMP | 10 min |
| **Development:**   * Introduction * Discussion about topic | Lecture, Q/A, Group Discussion  Performance  Show  Practice | | MMP | 60 min |
| **Conclusion:**  Summary, Feedback, Reference, Forward Planning | Lecture, Q/A | | MMP | 10 min |
| **Equipment & aids:**  MMP (Multimedia Projector) | | | | |