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| Course Title: **Social and Behavioral Aspects of Public Health** | Course Code: **MPH 423** | Credit Hours: **3.0** | Total Marks: **100** |

**Rationale:** Social and Behavioral Aspects of Public Health is a 3-credit course, designed to help students develop basic literacy regarding social concepts and processes that influence health status and public health interventions. The course also hopes to help students develop insight into populations with whom they have worked in the past or will work in the future, and to develop one kind of effective writing tool (the narrative) for communicating about psychosocial issues in public health. These overall aims are approached through lectures, discussion, readings, work shopping, individual compositions, and group discussion of student writings.

**Objectives:** On successful completion of this course, students will be able to:

* To familiarize students with views on key concepts that forms a basis for literacy in the social and behavioral aspects of public health: culture, race/ethnicity, gender, poverty/disparities, factors related to behavior change, community, organizational climate, and family.
* To familiarize students with the concept of a narrative as a therapeutic, policy, and investigative tool.
* To help develop empathy for and a collaborative stance toward populations with whom one will work in the field of public health.
* To promote interest in further study of the social and behavioral determinants of health.

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| **Learning Outcomes** | **Course Content** | **Teaching Learning Strategy** | **Assessment Strategy** |
| Able to learn basic concepts of Public health as well as will be able to define social determinants of health, culture, social view of health and common health problems in Bangladesh etc. | Concept of behavioral Sciences and its Application in Public Health | Lecture, discussions, group works | Assignment, quiz, problem solving |
| Able to define factors affecting health, key determinants of health, impact of culture on health | Cultural Perspective of health | Lecture, discussions, group works | Assignment, quiz, problem solving |
| Will be able to know ecology and ecosystem, ecological imbalance, prevention of ecological imbalance, ecological concepts of health, concept of disease & illness etc. | Ecology and Meaning of health | Lecture, discussions, group works | Assignment, quiz, problem solving |
| Will be familiar with the concepts of gender and sex, gender equality, also able to know how gender influence on the health of men, gender based violence, violence against women and women, common type of violence against women, impact of violence. | Gender and health | Lecture, discussions, group works | Assignment, quiz, problem solving |
| Able to know aboutthe concept of family, the family & health, family structure and effect of health, family dynamics and health, factors affect family health, effects of family on health. | Role of Families to participate in health | Lecture, discussions, group works | Assignment, quiz, problem solving |
| Able to define race and ethnicity, and how the information of race and ethnicity used in public health implication etc. | Race and Ethnicity in public health implications | Lecture, discussions, group works | Assignment, quiz, problem solving |
| Will be able to know about social support, social support and health, effect of social support on health, social capital, social capital and health etc. | Poverty, Social Support, and Social Capital how contribute to health | Lecture, discussions, group works | Assignment, quiz, problem solving |
| Able to know about spirituality, religion , how religion makes difference in health status, nurses role in spirituality, ethical and professional boundaries for the nurses, spiritual assessment etc. | Role of spirituality in public health and/or medical care. | Lecture, discussions, group works | Assignment, quiz, problem solving |
| Able to learn about the concept of behavior, behavioral change, behavioral change for health, behavioral change communication (BCC), key elements of behavioral changes, factors influencing behavioral change, communication strategy, ecological model health behavior change, health promotion model (HBM), behavior change strategy , key challenges for behavior change etc. | Change within Systems factors within medical practices that influence the process of change. | Lecture, discussions, group works | Assignment, quiz, problem solving |

**Recommended Books:**

1. *Health Behavior and Health Education: Theory, Research, and Practice.* Glanz, K., Rimer, B. K., & Viswanath, K. (2008) *4th Edition. John Wiley & Sons, Inc. San Francisco, CA.*
2. Social Psychology of Health. Psychology, Salovey, P., & Rothman, A.J. (Eds.). Press: New York, NY
3. Social Epidemiology. Berkman, L.F., & Kawachi, I. (Eds.). Oxford University Press: Cary, NC
4. Health Promotion & Planning: An educational and ecological approach. Green, L.W., &Kreuter, M.W 3rd Edition. Mayfield Publishing Company: Mountain View, CA, 2007