

Chapters – Art of Living

- Lesson- 1: Coming Out of the BOX.
- Lesson - 2: Learning to Learn.
- Lesson - 3: Parents, Life and Living.
- Lesson – 4: Etiquette, Personal Behavior and Professionalism.
- Lesson - 5: Self Esteem and You.
- Lesson - 6: Essential Skills for 21st Century.
- Lesson - 7: Impression Management: *Who I am and how people know me!*
- Lesson - 8: Style of Living; *Youthful living, Balanced living, Meditation and Holistic mindfulness*
- Lesson - 9: Mind Mapping and its Impact on Life and Living.
- Lesson - 10: Transforming Failure into Success.
- Lesson - 11: Psychosocial Support, Emotional growth and Personality.
- Lesson - 12: Benefits of Ethical Living.
- Lesson - 13: Transforming Conceptual Learning into Action.
- Lesson - 14: Time and Financial Management.
- Lesson - 15: Career Plan.
- Lesson - 16: Presentation Skills Anywhere: *job interviews or for becoming entrepreneur.*
- Lesson - 17: Job, Work and Business Search Techniques in the 21st Century
- Lesson - 18: Universal Human Values
- Special Session: At the initial stage of the course Special session for socialization will be organized and parents and guardians will be invited for this session.

